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Bang H. Hwang^a Phillip E. Kunkler^a Lawrence Lumeng^{b-d}

Departments of

- ^a Anatomy,
- b Medicine, and
- Biochemistry, Indiana University School of Medicine, and
- ^d VAMC, Indianapolis, Ind., USA

Quantitative Autoradiography on [35S]TBPS Binding Sites of Gamma-Aminobutyric Acid_A Receptors in Discrete Brain Regions of High-Alcohol-Drinking and Low-Alcohol-Drinking Rats Selectively Bred for High- and Low-Alcohol Preference

Key Words

γ-Aminobutyric acid_A receptors t-Butylbicyclophosphorothionate binding sites Alcohol preference Nucleus accumbens Amygdala

Abstract

It has been documented that ethanol can potentiate brain γ-aminobutyric acid (GABA)ergic function, and there is a close link between the GABA_A receptor complex and effects of ethanol, including reinforcement of alcohol which is a fundamental element of alcohol preference. However, it is unknown in what discrete brain regions GABAA receptors might be associated with alcohol preference. In the present study, [35S]t-butylbicyclophosphorothionate ([35S]TBPS) was used to localize GABAA receptors in high-alcohol-drinking (HAD) rats and low-alcohol-drinking (LAD) rats which were selectively bred for high and low alcohol preference, respectively. Initial qualitative observations indicated that [35S]TBPS binding sites were abundant in many brain areas including the cerebral cortex, hypothalamus and amygdala of HAD and LAD rats. Furthermore, the quantitative autoradiographic analysis revealed fewer [35S]TBPS binding sites of GABA_A receptors in the amygdaloid complex, central medial thalamic nucleus, lateral hypothalamic nucleus and anterior hypothalamic nucleus of HAD rats than LAD rats. Collectively, this study has indicated that HAD rats selectively bred for high alcohol preference possess lower [35S]TBPS binding in the brain. Since lower TBPS binding has been proposed to reflect enhanced GABAergic function, as evidenced in rats with seizure or under alcohol withdrawal, the results from the present study suggest that HAD rats might have an enhanced GABAergic function. It is thus likely that enhanced GABAergic function in the brain might be related to high alcohol preference which is characteristic in HAD rats. In addition, the present result showing no difference of [35S]TBPS binding in the nucleus accumbens is also in agreement with a notion that [35S]TBPS binding may represent only a small spectrum of the GABA_A receptor complex which is constituted of a sophisticated subunit combination whose functional compositions are still unknown. In conclusion, the present study supports the working hypothesis that GABAA receptors are involved in alcohol preference in HAD rats.

Introduction

It is well known that γ -aminobutyric acid (GABA) is a major inhibitory neurotransmitter in the central nervous system, and its binding to the GABAA-benzodiazepine receptor complex (GABAA receptors) activates chloride channels to exert its inhibition. Ethanol has been shown to enhance GABAergic function [4, 35, 55, 57]. For example, ethanol can potentiate GABAA receptors to mediate ³⁶Cl⁻ flux in isolated brain membrane vesicles [56], whereas extracellular recording studies show that ethanol specifically potentiates GABAergic inhibition of neurons in the brain [4, 35]. The interaction of ethanol with the GABA system can also be appreciated from the facts that chronic ethanol treatment downregulates GABAA receptors [38] and ethanol potentiates muscimol-stimulated ³⁶Cl⁻ uptake in synaptoneurosomes [34]. It has been shown that GABAA receptors mediate ethanol-induced behavioral changes [26, 40]. In fact, central GABAA receptors are involved in the modulation of the anxiolytic, sedative and intoxicating properties of ethanol [20, 54, 55]. Conceivably, the GABA_A receptor system plays an important role in actions of ethanol including its reinforcement [18, 20].

It has also been demonstrated that GABAA receptor antagonists decrease alcohol drinking [14, 37, 43], whereas GABA_A receptor agonists can enhance alcohol intake in Long-Evans rats [49] and also in alcohol-nonpreferring (NP) rats [17]. In addition, GABAA receptor inverse agonists are known to suppress alcohol drinking in selectively bred alcohol-preferring (P) rats [18, 24, 25, 28]. These observations are consistent with the notion that the central GABA system is involved in regulating alcohol preference [13, 29]. Since the benzodiazepine inverse partial agonist RO 15-4513 interacts with the GABAA receptor complex to exert its alcohol-antagonistic properties [54], it is conceivable that the reinforcing effect of ethanol [53] is mediated, in part, through GABA_A receptors [34, 55]. Given the role of GABA_A receptors in anxiety [15] and the studies showing an anxiolytic effect of ethanol on anxious P rats [52], it appears that the GABA system is likely to be involved in both alcohol preference and anxiety. In order to understand a possible association of GABA receptors with alcohol preference, this study was designed to examine whether there is an innate difference of GABAA receptors in the brains of rats selectively bred for high and low alcohol preference.

[35S]t-butylbicyclophosphorothionate (TBPS) is known to possess a very high affinity to the picrotoxin/convulsant binding sites [16] of the GABA_A-benzodiazepine

receptor complex (GABAA receptors) and has been widely used as a pharmacological tool to assess GABAA receptors [3, 7, 9, 44]. [35S]TBPS has also been used to study the chronic effects of ethanol on the GABAA-receptor-coupled chloride channel [39, 46, 56]. Interestingly, ethanol can inhibit [35S]TBPS binding in vitro [56], but chronic treatment with ethanol does not alter [35S]TBPS binding [39]. This is possibly due to the fact that alcohol treatment alters [35S]TBPS binding affinities without changing its binding densities [44], although in vivo administration of diazepam changes the [35S]TBPS binding density without any effect on its binding affinity. In addition, it is also possible that the effect of ethanol on [35S]TBS binding is associated with endogenous differences in the molecular composition of GABAA receptors [9, 20, 27] which are formed by different receptor subunits [47, 48] in various parts of the brain. This can be appreciated from the studies showing that the chronic ethanol treatment upregulates GABA receptor β-subunit expression in the cerebral cortex [31], but downregulates α-subunits in the cerebral cortex and on cerebellar granule cells [30, 32, 33].

Because of the high-affinity-binding property of TBPS to the GABA_A receptor-gated chloride channel complex, [35S]TBPS has become one of the most attractive ligands of choice for autoradiographic studies [7] and in vitro studies [27, 39, 46, 48] to assess the function of the GABA_A-receptor-coupled chloride channel. To date, the [35S]TBPS binding aspect of the GABA_A receptor complex in rats with a predisposition to high alcohol preference has not been studied. Thus, the present study was carried out to investigate whether there is a unique TBPS binding of the GABA_A receptor complex in discrete brain regions of high-alcohol-drinking (HAD) versus low-alcohol-drinking (LAD) rats.

Materials and Methods

Animals

Six female HAD rats (body weight 237 ± 8 g) and 6 female LAD rats (body weight 234 ± 6 g) of the 19th generation of selective breeding at approximately 6 months of age were studied. They were from the Alcohol Research Center of Indiana University School of Medicine. The drinking scores were determined using the two-bottle (10% ethanol and tap water) free-choice method [24]. The drinking scores for HAD rats were 7.21 ± 0.66 g ethanol/kg body weight/day, and 0.16 ± 0.02 g ethanol/kg body weight/day for LAD rats (p < 0.001), indicate of high alcohol preference in HAD rats. HAD and LAD rats were sacrificed for this study at 60 days after alcohol preference testing. Such testing was necesary because there remains some heterogeneity in drinking scores in some HAD and LAD rats. This 2-month interval before sacrifice served to minimize a possible effect of prior ethanol on the GABAA receptors.

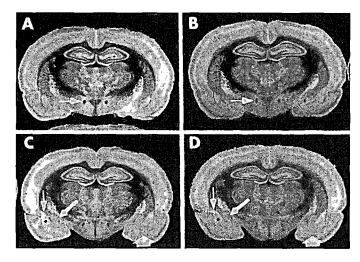


Fig. 1. GABAA receptor binding in the forebrain of LAD and HAD rats. A, B Micrographs are taken approximately at the bregma: 1.9 mm level [36]. The arrows point to the fornix (the dark spot). The paraventricular hypothalamic nucleus is medial to the fornix and contains a low density (darker appearance) of [35S]TBPS binding sites. The LAD rat (A) possesses a high density (brighter in their appearance on the micrograph) of [35S]TBPS binding sites in the anterior hypothalamic nucleus which is medial-ventral to the fornix and lateral to the midline 3rd ventricle when compared with the HAD rat (B). C, D Micrographs are taken at the bregma: 2.3-mm level [36]. The amygdaloid complex is marked with fat arrows at the right lower portion. Marked in the amygdaloid complex are the lateral amygdaloid nucleus (small arrow pointing downward), basolateral amygdala (black asterisks) and CeA (bold arrow). The LAD rat (C) possesses significantly more [35S]TBPS binding sites in the basolateral amygdala and CeA than the HAD rat (**D**). **A-D** \times 2.7.

Tissue Processing

All animals were decapitated, and the brains were removed quickly, frozen with dry ice powder and stored in a deep freezer until sectioning. Coronal sections (14 μ m) for each discrete brain region including the nucleus accumbens (NA), central amygdaloid nucleus (CeA), basolateral amygdaloid nucleus, basomedial amygdaloid nucleus, cingulate gyrus cortex, the caudate putamen, CA3 of the hippocampus and hypothalamic nuclei were cut with a cryostat microtome and identified according to Paxinos and Watson [36]. Frozen sections were collected and thaw-mounted onto gelatin-coated slides and stored in a deep freezer.

In situ Receptor Binding Method

The protocol of Edgar and Schwartz [7] was applied for localizing GABA_A receptor binding sites. In brief, tissue sections without fixation were preincubated with 50 mM K_2HPO_4/NaH_2PO_4 , 200 mM NaCl and 1 mM EDTA, pH 7.4, at room temperature for 10 min and then incubated with 2 nM [35S]TBPS (DuPont; specific activity = 2,000 Ci/mmol) in the above-mentioned buffer without EDTA in a humidified chamber for 2 h at room temperature for total binding study. For nonspecific binding, tissue sections were incubated with

the above-mentioned radioactive ligand in the presence of $10 \,\mu M$ unlabeled picrotoxin. Tissue sections were then rinsed 3 times (10 min for each rinse) at room temperature with $50 \, \text{m} M \, \text{K}_2 \text{HPO}_4/\text{NaH}_2 \text{PO}_4$, pH 7.4, and $200 \, \text{m} M \, \text{NaCl}$. After a brief rinse for 3 s in deionized water, tissue sections were dried quickly, apposed to Ultrofilms (LKB) and processed for an autoradiographic exposure for 2 days.

Quantitative Autoradiography and Statistical Analysis

The [35S]TBPS binding capacity in discrete brain regions was determined by quantitative autoradiography routinely used in our laboratory [12, 21]. In brief, 35S-labeled brain paste standards were used to generate a standard curve in 1,000 cpm/mg protein unit. The relative quantity of GABAA receptor binding sites in a discrete brain region was obtained by reading their respective autoradiograms with a computer-assisted image analysis system run by the JAVA program of Jandel Scientific [12, 21]. Then, tissue sections were counterstained with cresyl violet stain for an anatomical reference to identify each brain region. The optical density from the autoradiograms for each structure was electronically compared with the standard curve [12, 21]. The specific binding was determined by subtracting the nonspecific binding from the total binding of each section. Readings from eight autoradiograms were made to represent each structure of 1 animal. Six animals per group were studied. The two-tailed Student's t test was used for statistical analysis to compare specific [35S]TBPS binding sites in each discrete region between HAD versus LAD rats

Results

Specific [35]TBPS binding sits were localized in numerous regions of HAD and LAD rats. For example, the cerebral cortex (fig. 1A-D), globus pallidus and lateral amygdala (fig. 1C, D) were among those containing high binding densities in the forebrain. In fact, the lateral amygdala (fig. 1C) had the highest density of GABA_A receptors (table 1) within the amygdaloid complex (fig. 1C, D). However, the discrete brain regions such as the central caudate putamen and NA possessed relatively low binding levels (table 2). Among all areas examined in this study, the globus pallidus contained the highest binding capacity of [35S]TBPS binding sites (table 2). The cerebral cortex also contained a high density of receptors (table 2). A high binding capacity of [35S]TBPS binding sites was also seen in the lateral hypothalamic nucleus, central medial thalamic nucleus and CA3 of the hippocampus (table 1), whereas the lowest binding capacity was determined in the paraventricular hypothalamic nucleus (fig. 1C, D, table 1).

The quantitative analysis showed that [35S]TBPS binding sites for GABA_A receptors in the central, basolateral and basomedial nuclei of the amygdaloid complex of HAD rats were significantly fewer than those of LAD rats

(table 1). In the diencephalic areas, a significantly lower binding was seen in the lateral and anterior hypothalamic nucleus (fig. 1A, B) of HAD rats than LAD rats (table 1). The binding of the CA3 of the hippocampus was also not different between HAD and LAD rats. However, although the globus pallidus possessed a high density of receptor binding, the [35S]TBPS binding sites in the globus pallidus were not significantly different between HAD and LAD rats (table 2). The binding capacity in the NA was also not statistically different between HAD and LAD rats (table 2). Similarly, the binding capacity in the caudate putamen, cingulate gyrus cortex and the layer 4 of the parietal cerebral cortex was also not greatly different between HAD and LAD rats (table 2).

Discussion

In agreement with the existing literature on outbred rats [7, 9, 45, 58], the present study confirms that there is a high density of [35S]TBPS binding sites in numerous brain regions including the cerebral cortex, anterior hypothalamic nucleus and amygdaloid complex. As compared with LAD rats, HAD rat brains contain fewer [35S]TBPS binding sites of GABAA receptors in the central medial thalamic, lateral and anterior hypothalamic nuclei and amygdaloid nuclei (the central, basolateral and basomedial amygdaloid nuclei). In fact, the present study is the first of its kind showing that [35]TBPS binding sites of the GABA_A receptor complex are fewer in certain brain regions of HAD rats which exhibit a high alcohol preference when compared with those of LAD rats which exhibit a low alcohol preference. Since HAD rats are selectively bred for high alcohol preference [24], the above result suggests that GABAA receptors may be involved in alcohol preference and possibly also in anxiety. An association between alcohol preference and anxiety is supported by recent studies showing that (1) Sardinian P rats are a genetic animal model for anxiety [1]; (2) anxiety is a potential predictor of vulnerability to ethanol self-administration [51], and (3) P rats with a high alcohol preference are more anxious than NP rats [52].

Since an experimentally induced increase in [35]TBPS binding has been linked to a decreased GABAergic capacity [2], it has been suggested by Concas et al. [3] and Sanne et al. [44, 46] that a lower binding capacity of [35]TBPS ligand reflects an enhancement of GABAergic function. In fact, there is concomitant decreased [35S]TBPS and increased [3H]muscimol in the cerebral cortex of rats with stress [6], indicating that lower [35S]TBPS binding is asso-

Table 1. Specific [35S]TBPS binding (1,000 cpm/mg protein) for GABA_A receptors in the amygdaloid, diencephalic and hippocampal regions of HAD versus LAD rats

| | LAD (n = 6) | HAD (n = 6) |
|-----|----------------|------------------|
| LaA | 70.9±2.2 | 66.1 ± 1.1 |
| CeA | 49.0 ± 1.4 | $44.3 \pm 1.0 *$ |
| BLA | 64.3 ± 2.1 | $58.3 \pm 1.2*$ |
| BMA | 55.8 ± 1.8 | $49.0 \pm 1.3*$ |
| CA3 | 44.9 ± 1.4 | 42.7 ± 0.9 |
| CMT | 58.6 ± 1.7 | $52.1 \pm 1.6*$ |
| PVN | 17.2 ± 0.6 | 15.4 ± 1.0 |
| VMH | 43.8 ± 1.1 | 40.3 ± 1.2 |
| LH | 41.5 ± 0.9 | $36.8 \pm 0.9**$ |
| AH | 47.0 ± 1.0 | $42.8 \pm 0.5**$ |

Eight readings of autoradiograms for each structure were made to represent 1 animal. Values are expressed as means \pm MSE.

LaA = Lateral amygdaloid nucleus; BLA = basolateral amygdaloid nucleus; BMA = basomedial amygdaloid nucleus; CMT = central medial thalamic nucleus; PVN = paraventricular hypothalamic nucleus; VMH = ventromedial hypothalamic nucleus; LH = lateral hypothalamic nucleus; AH = anterior hypothalamic nucleus; n = number of animals studied. * p < 0.05, ** p < 0.01 by the two-tailed Student's t test.

Table 2. Specific [35S]TBPS binding (1,000 cpm/mg protein) for GABA_A receptors in the basal ganglia, forebrain and cerebral cortex of HAD and LAD rats

| | LAD (n = 6) | HAD (n = 6) |
|----------|----------------|----------------|
| NA core | 24.6 ± 0.7 | 24.8 ± 0.7 |
| NA shell | 27.4 ± 0.6 | 25.5 ± 1.0 |
| CPc | 22.2 ± 0.4 | 21.6 ± 0.7 |
| CPv | 39.1 ± 0.9 | 36.4 ± 1.1 |
| GP | 70.8 ± 0.5 | 69.3 ± 1.0 |
| CGC | 40.8 ± 1.3 | 42.6 ± 1.4 |
| PC4 | 52.0 ± 0.7 | 53.0 ± 1.3 |

The numbers of autoradiograms read and animals studied were similar to those indicated in table 1.

CPc = Central caudate putamen; CPv = ventral caudate putamen; GP = globus pallidus; CGC = cingulate gyrus cortex; PC4 = layer 4 of the parietal cerebral cortex. No statistical differences were found between HAD and LAD rats by the two-tailed Student's t test.

ciated with enhanced GABAergic function. Recently, Hawkinson et al. [10] reported that neuroactive steroids potentiate GABA-evoked chloride current, enhance [3H]flunitrazepam binding, but significantly decrease [35S]TBPS binding. The latter again suggests an inverse

relationship between the [35S]TBPS binding capacity and GABAergic function. This is further supported by the fact that GABA inhibits [35S]TBPS binding [58] and acute stress increases [35S]TBPS binding, which is believed to be a consequence of decreased GABAergic function [45]. Therefore, the lower binding level of [35S]TBPS ligand seen in HAD rats may indicate an enhancement of GA-BAergic function in the brain of these animals. In short, this study supports the hypothesis that an enhanced GA-BAergic function is associated with a high alcohol preference or anxiety in HAD rats. This is in accord with our previous study showing that there are increased GABAergic terminals in the NA of P and HAD rats [13]. These data support the role of the GABA system in alcohol preference [20, 57]. Recently, it has been demonstrated that (1) the CeA is associated with fear and anxiety [5], and (2) alcohol can produce anxiolytic effects [52]. The finding of a significant difference in [35S]TBPS binding in the CeA between HAD and LAD rats suggests that GABAA receptors in the amygdala may play a role in alcohol preference and/or anxiety. This notion is consistent with the work of Hyytia and Koob [14] who have demonstrated that microinjections of GABAA receptor antagonists into the extended amygdaloid regions selectively reduce operant responding for ethanol in outbred rats.

However, it should also be mentioned that other receptors in the amygdala are likely involved in alcohol preference or anxiety. For example, we have reported that the CeA has a lower binding capacity of calcitonin-gene-related peptide receptors not only in HAD rats, but also in P rats, as compared with their control LAD and NP rats, respectively [12]. This suggests that calcitonin-gene-related peptide receptors in the CeA may also participate in alcohol preference and/or anxiety in HAD and P rats. It is generally believed that alcoholism is a multi-gene-related disorder. Thus, different genetic influences are most likely to mediate alcohol preference and/or anxiety in HAD and P rats [25]. Although HAD and P rats have been selectively bred for alcohol preference [24, 41, 42] and are useful animal models for studying alcoholism [22, 23], alcohol reinforcement between HAD versus LAD rats and P versus NP rats is not the same as pointed out by Lankford et al. [22, 23] and Ritz et al. [41]. This may be related to the fact that HAD/LAD rats and P/NP rats were selectively bred from different foundation stocks [24, 25].

Although [³H]muscimol, [³H]flunitrazepam and [³5S]TBPS have all been widely used to study GABA_A receptors, their binding patterns and capacities are not identical in the brain [50]. For example, the [³5S]TBPS binding pattern is similar to [³H]flunitrazepam, but not to

[3H]muscimol [50]. However, the heterogeneity of GABAA receptors in different ligand bindings may be associated with their differences in receptor subtypes and receptor subunit combinations [47]. Although the present study demonstrated no differences in [35S]TBPS in the NA between HAD and LAD rats, it should be noted that microinjections of muscimol into the NA reduce ethanol self-administration [11], suggesting that GABAergic transmission in the NA is involved in the termination of ethanol self-administration. However, it is unknown whether there is a difference of GABA_A receptor binding using [3H]muscimol in the NA between HAD/LAD rats. Since GABA_A receptors are formed by an unknown combination of receptor subunits [9, 47, 57], the different binding properties for each of the above-mentioned ligands for GABAA receptors may be due to their various affinities to different GABAA receptor subunits. For instance, chronic alcohol treatment affects GABAA receptor subunits and their mRNA. It has also shown that prolonged ethanol treatment decreases $GABA_A$ receptor α subunit [32, 33], but upregulates GABA_A receptor β-subunit mRNA including β_1 -, β_2 - and β_3 -subunit mRNA [31].

In conjunction with the above literature, the present study suggests that it is worthwhile to include an exploration of GABAA receptor subunit mRNA for future studies. For instance, greater levels of α_1 -, α_6 - and β_2 -subunit mRNA were detected in the cerebellum of naive ethanolwithdrawal seizure-resistant mice, compared with naive ethanol-withdawal seizure-prone mice [19], although there is no difference in [35S]TBPS binding between naive ethanol-withdrawal seizure-resistant and seizure-prone mice [8]. It should be mentioned that [35S]TBPS is known to bind to the convulsant sites of picrotoxin of the GABAA receptor complex [16] associated with seizure. Therefore, [35S]TBPS may not be able to interact with all of the convulsant binding sites without a convulsive condition or treatment, suggesting that some of the convulsant sites of picratoxin may be 'masked' in naive animals without seizure. Interestingly, other studies [6, 9] have also indicated that [35S]TBPS binding is increased in rats treated with the convulsant (isoniazid) or exposed to foot shock stress which can potentiate the convulsant activity of isoniazid [2, 3, 44]. This notion is further supported by other studies [44, 46] showing that (1) seizure increases [35S]TBPS binding, and (2) increased TBPS binding takes place in intoxicated ethanol-dependent rats.

In summary, there are high densities of GABA_A receptors in numerous discrete brain regions of HAD/LAD rats using [35S]TBPS as a binding ligand. With quantitative

autoradiographic analysis, this study has also shown that there are fewer [35S]TBPS binding sites of GABA_A receptors in the amygdaloid complex of HAD rats compared to LAD rats. Fewer [35S]TBPS binding sites of GABA_A receptors are also detected in the lateral hypothalamic nucleus, anterior hypothalamic nucleus and central medial thalamic nucleus of HAD rats than LAD rats. Since lower [35S]TBPS binding for GABA_A receptors reflects an enhanced GABAergic function, the present study supports the hypothesis that facilitatory GABAergic function in the brain is associated with high alcohol preference in HAD rats. In conclusion, this study, together with the existing literature, points to the fact that future studies

should include an effort to study how alcohol affects GABA_A receptor subunits and their mRNA expression in conjunction with the use of [35S]TBPS in rats, particularly with a seizure treatment, to further understand the role of GABA_A receptors in alcoholism.

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